Asian Public Speaking Championships Coaching Programme

Represent New Zealand at the Asian Public Speaking Championships

The Asian Public Speaking Championships hosted by Edu Drift is one of the leading public speaking competitions for students across the Asia-Pacific region.

This coaching programme is designed for motivated students who are ready to take their communication skills to the next level through training in public speaking, performance, and competitive speaking.

Students will receive coaching from Sarah Hartley and prepare to compete in the Asian Public Speaking Championships in December.

Places are limited and students must apply to be considered. More information: https://edudrift.com/online-competitions/apsc/

Coaching Structure & Commitment

1. Weekly coaching sessions to teach skills
2. Weekly homework 30 minutes - 60 minutes to finish tasks and rehearse
3. Workshops provide a fun opportunity to develop the skills in person and receive feedback.
4. Private coaching is optional online or in person and optional

Compulsory	Weekly group coaching	60 minutes (6 students)	Online
Compulsory	Workshops x2 per term	180 minutes (full squad)	In person
Optional	Private Coaching	30 minutes	Online or in person
Homework	Submit tasks by date for feedback	30-60 minutes weekly	

Students Will Develop

- Students will learn how to communicate ideas with clarity, confidence, structure, and impact.
- Develop the ability to construct and deliver compelling arguments that engage and influence an audience.
- Learn frameworks and strategies for thinking quickly, organising ideas, and speaking confidently under pressure.
- Develop vocal expression, characterisation, storytelling, and audience engagement through prepared reading performance.
- Students will learn competition strategies, preparation techniques, time management, adjudicator expectations, and performance skills.

Beyond Competition

The skills developed through this programme support success in:

- School leadership opportunities
- Scholarship applications
- Interviews
- Debating and public speaking competitions
- Academic presentations
- Future university and career opportunities

Entry Requirements

This programme is designed for students who are committed to regular practice and high-level skill development.

Applications are welcome from students in Years 5–13.

Places are limited to 12 students.

Students should be willing to:

- Attend all coaching sessions
- Practise between sessions
- Participate actively in workshops
- Commit to preparing for the Championships

Fees

Please note to join the competition training students must be registered in a current Ten Feet Tall weekly class.

There are no make-up classes for workshops.

Fees are paid at the start of each term. $370

Private coaching is optional

Weekly group coaching	60 minutes (6 students)	Online	$40 per class
Workshops x2 per term	180 minutes (full squad)	In person	$65 per workshop
Private Coaching (optional)	30 minutes	Online or in person	Costs and packages here: https://tenfeettall.co.nz/private-coaching/
Submit tasks by date for feedback	30-60 minutes weekly	Teacher feedback through email	Part of the programme no cost

Competition Fees

Please see the Edu Drift Competition fees here: https://edudrift.com/online-competitions/apsc/

Homework Commitment

In order to be ready for the competition some at home work and preparation is required.

July- August	Choosing prepared reading Writing persuasive speech
September	Editing and drafting speech Reading book the reading has come from
October -November	Learning Speech and working on reading weekly Practising impromptu speeches

Proposed Dates

The below are proposed times and dates for Term 3 & 4.
Students are registered into a Tuesday or Thursday class depending on student numbers. If we have less than 6 students competing we will offer one evening.

Term 3

Week 1	Tuesday 28th July	Introduction to the competition - Brainstorm Speech Topics - Choosing reading
	Thursday 30th July	
Week 2	Tuesday 4th August	- Mind mapping Speech - Parts of a persuasive Speech - Shaping reading - Impromptu Speech exercises
	Thursday 6th August	
Week 3	Tuesday 11th August	- Writing Speech - Reading pieces chosen fully - Impromptu Speech exercises
	Thursday 13th August	
	Time to write speech and send to Sarah for feedback	
Workshop 1	Sunday 23rd August	Presenting Reading, Draft Speech and Impromptu Speaking Exercises.
Week 4	Tuesday 25th August	- Speech finalised - Review speech with checklist - Strengthen structure - Strengthen examples
	Thursday 27th August	
Week 5	Tuesday 1st September	- Presenting Reading - How to use eye contact - Using voices for characters - Pauses - Creating a Climax
	Thursday 3rd September	

Week 6	Tuesday 8th September	- Impromptu Speaking - Useful ideas - Examples - How to create stories
	Thursday 10th September	
Works hop 2	Sunday 13th September	Presenting reading, speeches and impromptu Speaking exercises

Term 4

Week 1	Tuesday 13th October	- Reading in depth work
	Thursday 15th October	
Week 2	Tuesday 20th October	- Speech in depth presentation work
	Thursday 22nd October	
Works hop 1	Sunday 25th November	Presenting reading, speeches and impromptu Speaking exercises
Week 3	Tuesday 27th October	- Rehearse Speech, Reading, Impromptu Speaking
	Thursday 28th October	
Week 5	Tuesday 10th November	- Rehearse Speech, Reading, Impromptu Speaking
	Thursday 12th November	
Week 6	Tuesday 24th November	- Rehearse Speech, Reading, Impromptu Speaking - Planning for the competition
	Thursday 26th November	
Works hop 2	Sunday 29th November	Presenting final work before competition